'Ocean of Pearls' A Fresh Look at the Sikh Experience

By LISA TSERING

AN FRANCISCO —
"Ocean of Pearls" is a story of one Sikh's struggle in America, but it's so much more. The film is a coming-of-age story, a medical drama, a statement about racism and an unsentimental look at the vast divide between generations.

One thing it's not? Predictable. The independent feature film, an assured debut by physicianturned-director Sarab S. Neelam, opens Aug. 21 in San Francisco, and will soon roll out its release

to other cities.

Amrit Singh (Omid Abtahi) is a talented young Canadian doctor who receives a once-in-a-lifetime chance to run a multi-million-dollar transplant facility in Detroit. He jumps at the chance, leaving his family, and his girlfriend (Navi Rawat of "Numb3rs"), behind.

But once he's settled in a new country, Amrit faces indignity after indignity — detained at an airport, passed over for promotions, and barred from a nightclub — all because he chooses to wear

a turban.

"Oh yeah," said Neelam, himself a turbaned Sikh, when asked if he'd ever faced discrimination. "This is every Sikh's story. Growing up in Toronto, there was a lot of name-calling. People would call us 'Pakis.' People threw tomatoes at me, threw eggs at our house, tried to rip my turban off," he told India-West after a screening of the film.

"I didn't want to get into fights. You keep internalizing it. But stares and looks are a routine part of life for us."

But "Ocean of Pearls" is not simply a film about discrimination. It also delves into family dynamics, as Amrit tries to deal with a lifetime of resentment against his father (Ajay Mehta), the family's stern, old-fashioned patriarch who has devoted his life to keeping Sikh culture alive. "Why would someone work so hard to come to the new world



Omid Abtahi as Amrit Singh, a young Sikh doctor facing discrimination in America, in Sarab S. Neelam's "Ocean of Pearls." (Kim Simms photos)

just to keep living in the old one?"

muses Amrit in a voiceover.
"Ocean of Pearls" was originally conceived as a medical drama about a young doctor who butts up against the flawed American health system when one of his patients comes to realize that she doesn't have enough money to pay for a life-saving transplant. The story was inspired by Neelam's own experience.

"I came to America to do my residency," said Neelam. "An administrator said, 'If you order tests on this patient, you'll get a bonus. If you order tests for that patient, I'll subtract the cost from your bonus.' I originally wrote the story about a Caucasian doctor battling the system."

But at the advice of Jim Burnstein, a screenwriter and producer

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Navi Rawat and Omid Abtahi in "Ocean of Pearls."

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Ajay Mehta is Ravinder Singh, a strict patriarch whose own fierce Sikh pride is born of Partition-era tragedy. (Kim

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who saw the timeliness of the racism issue post-Sept. 11, Neelam - working with gifted young screenwriter V. Prasad — made the character a Sikh.

Since the film is meant for mainstream audiences, one of Prasad's biggest challenges was to present information about Sikhism in an interesting way. So in one scene, we see Amrit tie a turban on his friend and coworker, Susan (Heather McComb), as she asks him questions about his culture

"I tried to find an organic way

to bring it up in their conversation," explained Prasad in a phone interview. "The scene where he's tying the turban was designed to share information, but it's really about their growing attraction for each other.

In another vital scene, Amrit stares into his bathroom mirror, scissors in hand, as he decides to cut off his hair.

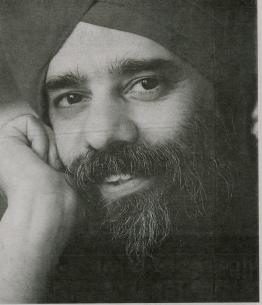
"Amrit is going through two different emotions," said Neelam. "Profound sadness and profound joy. He's leaving his past behind I've talked to a lot of Sikhs who cut their hair, and many of them told me, 'I felt great' after

Neelam decided that telling the story was more important to him than finding all Sikh actors, or playing all traditional Sikh music - for example, the role of the patriarch is played by noted TV and commercial actor Ajay Mehta; and the soundtrack is by a non-Indian, New Age kirtan performer Snatam Kaur. Even the pivotal role of Amrit is played by an Iranian American actor (Omid Abtahi's credits include roles on "24," "Heroes," "Ghost Whisperer" and "Navy NCIs").

Neelam, who was born in India and came to Canada with his fam-

invisalign

2009



Sarab S. Neelam is a gastroenterologist-turned-filmmaker making his feature debut with "Ocean of Pearls."



A scene of Amrit (Omid Abtahi) tying a turban on his friend, Susan (Heather McComb), is used to explain Sikh customs in "Ocean of Pearls." (Kim Simms

ily as a young boy, has wanted to make films since he was a kid. He supported himself as a gastroenterologist while studying filmmaking with Judith Weston in Los Angeles and making shorts and documentaries. "I'd take two weeks off at a time to study filmmaking," he explained. Later, when he'd put together the money, cast and crew to make "Ocean of Pearls," Neelam took two months off from his medical practice to shoot the film in locations around Michigan, sometimes shooting exterior scenes late into the night in bitter cold. The local Sikh community lent a hand in the produc-

tion by providing office space,

bringing props, tying turbans and

organizing extras.

Neelam has largely financed the film himself, and is now traveling around the country to present the film in art-house theaters. He is counting on word-of-mouth, both within and outside the Indian American community, to get more people to see the film.

It has been an undenjable struggle, but a great learning experience that's emotionally fulfilling as well.

"A lot of Sikh youths have told me, 'Thank you for telling my story," Neelam told India-West.

"Ocean of Pearls" will open Aug. 21 for a limited engagement at Landmark's Bridge Theater at 3010 Geary Blvd. in San Francisco. For showtimes, call (415)



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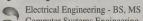
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